



### Culinary

#### January 16: Niagara Falls Culinary Institute Cooking Class (\$)

Niagara Falls Culinary Institute, 28 Old Falls St., Niagara Falls / 716-210-2550

**6pm.** A luxurious dinner awaits in this class-tender stuffed lobster, a surprising side, and the best biscuits you've ever had! Classes are available both-in person and remotely. Pre-registration required.

#### January 21: Niagara Falls Culinary Institute Cooking Class (\$)

Niagara Falls Culinary Institute, 28 Old Falls St., Niagara Falls / 716-210-2550

**6pm.** The Spanish tradition of Tapas will ignite your creativity and give you new ideas for parties. Classes are available both-in person and remotely. Pre-registration required.

### Outdoor Adventure

#### January 1-31: Niagara Falls Illumination

Prospect Point, Niagara Falls State Park, Niagara Falls

**5pm – 1am.** Enjoy a colorful illuminations display nightly as the Falls are illuminated a rainbow of colors.

#### January 16: Winter Astronomy

DeVeaux Woods State Park, 3180 DeVeaux Woods Dr., Niagara Falls / 716-282-5154

**5:30pm.** Spend an evening exploring celestial objects and star patterns that can be observed in the winter night sky. Space is extremely limited, pre-registration is required via phone. Masks are required if over the age of 2. Bring equipment that may enhance your experience including binoculars, magnifiers, and camera. Program is subject to change.

#### January 17: Yoga with Christine Harbison @ Freedom Run Winery (\$)

Freedom Run Winery, 5138 Lower Mountain Rd., Lockport / 716-433-4136

**11:30am.** Join Freedom Run Winery for a one hour Yoga Class with Christine Harbison! Door opens at 11am, class starts promptly at 11:30am. Tickets can be purchased online or in the Tasting Room, and includes a glass of wine following the class. All levels welcome. Please bring your own yoga mat, water bottle, small towel, and a mask.

#### January 19: Fun Facts with Kelly – Winter Trivia

DeVeaux Woods State Park, 3180 DeVeaux Woods Dr., Niagara Falls / 716-282-5154

**6pm.** Play a game of trivia - Jeopardy style! From hibernation to migration and everything in between, compete for a chance to win a small prize. Space is extremely limited, pre-registration is required via phone. Masks are required if over the age of 2. Program is subject to change.

### Shopping

#### January 8-20: Niagara Falls City Market

Market Square, 15th St., and Pine Ave., Niagara Falls

**Fri., Mon., & Weds., 8am – 3pm.** Fresh fruit and vegetable market every Monday, Wednesday and Friday.

#### January 9-21: North Tonawanda City Market

Corner of Payne Ave., & Robinson St., North Tonawanda

**Sat., Tues., & Thurs., 7am – 1pm.** Fresh produce, flowers, pastries and more.

#### January 16: Lockport Community Winter Market

Harrison Place - Building #3, 140 South St., Lockport / 716-434-0212

**10am – 2pm.** Every 1st and 3rd Saturday of the month, find fresh and local produce, food products, crafters and artisans at this indoor market. Before attending the market, please visit the website to review the list of rules that will help create a safe and easy shopping environment.

**COVID-19 Update:** All event dates and details are subject to change. Registration may be required. Masks are required at all attractions, and events.