Music, Art, Entertainment

**February 22 – March 21:** Starlight Studio Exhibition
*Kenan Center, 433 Locust St., Lockport / 716-433-2617*
**Mon., - Fri., 12-4pm.** The Starlight Studio Exhibition presents local Starlight Artists’ works at the Kenan House Gallery. Starlight Studio and Art Gallery is a cooperative environment that supports adults with disabilities in their artistic development. Appointment required for all visits, please call to schedule.

**March 13:** St. Patrick’s Day Inverse Day ($)  
*Old Fort Niagara, 102 Morrow Plaza, Youngstown / 716-745-7611*
**11am – 2pm.** An inverse parade allows those on parade and those watching to switch places, maintain social distance and stay safe. Enjoy music by the Mackenzie Highlanders Pipes and Drums and Old Fort Niagara’s Regimental Field Music, as well as cooking demonstrations, musket and cannon firings, and more! Masks are required.

**March 14:** Family Fun Night at the Rainforest Café ($)  
*Rainforest Café, 300 Third St., Niagara Falls / 716-285-3361*
**5-8:30pm.** Family Fun Night is back at Rainforest Café inside the Sheraton Niagara Falls. Enjoy a free kids meal with every purchase of an adult entrée. Live entertainment with Bradley the Balloon Man!

**March 17:** Art Buffet ($)  
*Niagara Arts and Cultural Center, 1201 Pine Ave., Niagara Falls / 716-282-7530*
**7pm.** Join art instructor, Julie O’Connor, at the NACC as she helps guide you to make your own unique creation whether it’s painting, jewelry making, or crafting! All materials will be provided. Pre-registration is required.

**March 18:** Jewelry Making ($)  
*Niagara Arts and Cultural Center, 1201 Pine Ave., Niagara Falls / 716-282-7530*
**6pm.** Join instructor and artist of Bflogals Jewelry, Christine Wittmann, at the NACC as she helps guide you to make your own jewelry. All materials will be provided. Pre-registration is required.

Culinary

**March 12-18:** ’Beyond the Glass’ Wine Tasting & Tour at Freedom Run Winery ($)  
*Freedom Run Winery, 5138 Lower Mountain Rd., Lockport / 716-433-4136*
Learn about the rich history and wide variety of wine produced as well as the harvest and production process. Includes 4 wine tastings and an individually wrapped artisanal presentation of cheese, salami, and crackers, chosen to pair best with the wine tasting. Space is limited, pre-registration is required.

Outdoor Adventure

**March 12 – March 18:** Niagara Falls Illumination  
*Niagara Falls State Park, Niagara Falls*
**7:30pm – 1am.** Enjoy a colorful illuminations display nightly.
March 12: Me & You, Meditation & Yoga ($)
Niagara Arts and Cultural Center, 1201 Pine Ave., Niagara Falls / 716-282-7530
6pm. An interactive experience that uses basic yoga and breathing techniques, blended with mindful activities. Pre-registration is required.

March 13: Saturday Yoga Series @ Freedom Run Winery ($)
Freedom Run Winery, 5138 Lower Mountain Rd., Lockport / 716-433-4136
11am. Join Freedom Run Winery for their Saturday Yoga Series with Kathy from Suma Cura Wellness Center. All levels welcome. Doors open at 10:30am, and class starts promptly at 11am. Tickets can be purchased online or in the Tasting Room, and includes a glass of wine following the class. Please bring your own yoga mat, towel, water, and a mask.

March 14: Yoga with Laura Igoe @ Freedom Run Winery ($)
Freedom Run Winery, 5138 Lower Mountain Rd., Lockport / 716-433-4136
11:30am. Doors open at 11am, and class starts promptly at 11:30am. Tickets can be purchased online or in the Tasting Room, and includes a glass of wine following the class. All levels welcome. Please bring your own yoga mat, towel, water, and a mask.

March 16: Fun Facts with Kelly – Spring Trivia
DeVeaux Woods State Park, 2180 DeVeaux Woods Dr., Niagara Falls / 716-282-5154
6pm. Play a game of trivia - Jeopardy style! From wildflowers to buds, and everything in between, compete for a chance to win a small prize. Space is extremely limited, pre-registration is required via phone. Masks are required if over the age of 2. Program is subject to change.

Monthly/Year-Round:
Niagara Falls City Market
Market Square, 15th St., and Pine Ave., Niagara Falls
Every Mon., Wed., and Fri., 8am – 3pm. Fresh fruit and vegetable market.

North Tonawanda City Market
Corner of Payne Ave., and Robinson St., North Tonawanda
Every Tues., Thurs., and Sat., 7am – 1pm. Fresh produce, flowers, pastries and more.

COVID-19 Update: All event dates and details are subject to change. Registration may be required. Masks are required at all attractions, and events.