Music, Arts & Entertainment

September 4: Flight of Five Lock Tenders
Tour ($)
Erie Canal Discovery Center, 24 Church St.,
Lockport / 716-349-7998
11am. Learn all about the people who labored and lived on the waters of the Erie Canal on this 1 1/2-hour walking tour. Listen to the stories of the drivers, boat crews, and captains, longshoremens, lock tenders and how they impacted the "artificial river" as it moved people and freight across New York State and celebrate their contributions. Each guest will have an opportunity to step into the shoes of a Flight of Five Lock Tender and go to work to move the balance beams, to open the gates and allow the "Erie Traveler" to pass through the restored locks! Reservations required. Tour starts at the Erie Canal Discovery Center.

September 4-7: The Art of Judy Collins Exhibit
The Boho Siren, 5955 Ontario St., Olcott
12-6pm. Judy Collins is a self-taught artist who enjoys mediums such as acrylics, pastels, charcoal, water-based oil, colored pencil, and watercolor. Judy has won many awards and exhibits both locally and in New York City.

September 5: Saturday Night Car & Bike Cruises
Main St., Olcott
5-8pm. Cars are parked and hoods raised. Come check out your favorite classic cars as they fill Main Street. Family fun for all ages.

September 6: Yoga with Christine
Harbison at Freedom Run Winery ($)
Freedom Run Winery, 5138 Lower Mountain Rd., Lockport / 716-433-4136
11:30am. Join Freedom Run Winery for a one hour Yoga Class with Christine Harbison in the vineyards! Door opens at 11am, and class starts promptly at 11:30am. An indoor location is available in the case of inclement weather! Tickets can be purchased online including a glass of wine to follow. All levels welcome. Please bring your own yoga mat. RSVP required, space is limited.

September 9: Yoga at Spring Lake ($)
Spring Lake Winery, 7373 Rochester Rd.,
Lockport / 716-439-5253
6pm. Join Alena, from Living Wellness and Yoga, for an hour-long Yoga Class on the vineyard grounds. It will focus on movement and breath techniques, as well as creating balance in one's body, mind, and spirit. Leave the class feeling refreshed and energized! All levels welcome! $15 admission includes a glass of wine to enjoy after class.

Shopping

September 5, 7, 9: Niagara Falls City Market
Market Square, 15th St., and Pine Ave.,
Niagara Falls
8am – 3pm. Fresh fruit and vegetable market every Monday, Wednesday and Friday.

September 5: Lewiston Artisan Farmers Market
Academy Park, 841 Center St., Lewiston / 716-579-4838
9am – 1pm. The Lewiston Artisan Farmers Market celebrates the regions' local farmers and artisans. Each week vendors will be offering a vast array of fruits, vegetables, hand crafted jewelry and so much more.

Culinary

September 10: Food Truck Thursdays!
($)
Niagara Falls Train Station, 825 Depot Ave West, Niagara Falls
7-11pm. Join the YMCA Buffalo Niagara at Train Station BBQ. Enjoy food trucks, rides and more.

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